

13-15 February 2025

## Gauteng Classic Powerlifting Champs 2025

Women	Name	Div	Bwt - kg	IPF Wt Cls	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total	Best Lifters	Place	IPF GL Points	Qualified for SA Classic	
Subjunior																						
	Rachel Boys	F-SJ-U	50,50	52	45,0	52,5	60,0	60,0	30,0	32,5	35,0	35,0	70,0	<del>80,0</del>	<del>80,0</del>	70,0	165,0		1	42,75	Q	
	Joanna Ridgard	F-SJ-U	56,60	57	60,0	65,0	70,0	70,0	<del>40,0</del>	40,0	45,0	45,0	90,0	100,0	105,0	105,0	220,0		1	51,88	Q	
	Karamyn Naicker	F-SJ-U	56,00	57	75,0	<del>80,0</del>	<del>80,0</del>	75,0	30,0	32,5	<del>37,5</del>	32,5	90,0	97,5	100,0	100,0	207,5		2	49,33	Q	
	Milla Janks	F-SJ-U	67,30	69	40,0	50,0	57,5	57,5	25,0	27,5	32,5	32,5	60,0	70,0	80,0	80,0	170,0		1	35,72	Q	
	<b>Ava Bezuidenhout</b>	F-SJ-U	83,40	84	107,5	112,5	117,5	117,5	52,5	57,5	60,0	60,0	120,0	130,0	135,0	135,0	312,5	<b>Best Subjunior</b>	1	<b>59,18</b>	Q	
Junior																						
	Karla Snyman	F-J-U	61,70	63	95,0	100,0	<del>105,0</del>	100,0	45,0	47,5	<del>55,0</del>	47,5	105,0	110,0	117,5	117,5	265,0		1	58,77	Q	
	Gaia Mottalini	F-J-U	64,80	69	110,0	117,5	125,0	125,0	65,0	70,0	<del>72,5</del>	70,0	115,0	130,0	<del>145,0</del>	130,0	325,0		1	69,85	Q	
	<b>Marianka Fourie</b>	F-J-U	74,85	76	130,0	135,0	137,5	137,5	65,0	<del>70,0</del>	<del>70,0</del>	65,0	145,0	150,0	160,0	160,0	362,5	<b>Best Junior</b>	1	<b>71,99</b>	Q	
Open																						
	Natasha Thomas	F-O-U	43,60	47	55,0	60,0	65,0	65,0	25,0	30,0	<del>32,5</del>	30,0	65,0	75,0	85,0	85,0	180,0		1	53,97	Q	
	Alexa Pentopoulos	F-O-U	51,65	52	120,0	130,0	132,5	132,5	55,0	60,0	<del>65,0</del>	60,0	100,0	120,0	130,0	130,0	322,5		1	81,91	Q	
	Firdaus Cassim	F-O-U	49,00	52	65,0	<del>85,0</del>	<del>85,0</del>	65,0	35,0	45,0	<del>47,5</del>	45,0	90,0	110,0	120,0	120,0	230,0		2	61,25	Q	
	Shelby Van Tonder	F-O-U	56,95	57	85,0	95,0	100,0	100,0	45,0	50,0	55,0	55,0	90,0	105,0	115,0	115,0	270,0		1	63,37	Q	
	Giovanna Winetzki Pather	F-O-U	55,80	57	80,0	0,0		80,0	45,0	<del>50,0</del>	50,0	50,0	100,0	0,0		100,0	230,0		2	54,83	Q	
	Nandi King	F-O-U	62,40	63	110,0	120,0	125,0	125,0	40,0	45,0	50,0	50,0	130,0	145,0	150,0	150,0	325,0		1	71,55	Q	
	Laraleigh Ruzicka	F-O-U	67,00	69	115,0	125,0	135,0	135,0	70,0	77,5	<del>85,0</del>	77,5	135,0	150,0	165,0	165,0	377,5		1	79,53	Q	
	Shameemah Bull	F-O-U	74,45	76	120,0	130,0	135,0	135,0	75,0	80,0	85,0	85,0	140,0	150,0	155,0	155,0	375,0		1	74,67	Q	
	V'Leen Serge	F-O-U	75,10	76	120,0	127,5	<del>135,0</del>	127,5	65,0	67,5	<del>70,0</del>	67,5	145,0	<del>155,0</del>	155,0	155,0	350,0		2	69,40	Q	
	Bonita Bloem	F-O-U	73,20	76	100,0	<del>110,0</del>	110,0	110,0	60,0	62,5	65,0	65,0	120,0	130,0	<del>142,5</del>	130,0	305,0		3	61,24	Q	
	Maxene Booysen	F-O-U	72,60	76	90,0	95,0	0,0	95,0	42,5	47,5	50,0	50,0	105,0	115,0	0,0	115,0	260,0		4	52,42	Q	
	Nanica Nel	F-O-U	75,90	76	80,0	85,0	<del>90,0</del>	85,0	35,0	37,5	40,0	40,0	105,0	122,5	0,0	122,5	247,5		5	48,83	Q	
	Lize-Mari De Beer	F-O-U	76,30	84	102,5	107,5	112,5	112,5	52,5	57,5	62,5	62,5	105,0	115,0	125,0	125,0	300,0		1	59,04	Q	
	Megan Wright	F-O-U	102,50	84+	180,0	200,0	210,0	210,0	80,0	90,0	100,0	100,0	180,0	200,0	210,0	210,0	520,0		1	92,14	Q	
	<b>Sihle Madondo</b>	F-O-U	84,75	84+	175,0	185,0	<del>195,0</del>	185,0	77,5	82,5	<del>85,0</del>	82,5	195,0	210,0	225,0	225,0	492,5	<b>Best Open</b>	2	<b>92,69</b>	Q	
	Ilse Jaquire	F-O-U	127,25	84+	135,0	142,5	147,5	147,5	82,5	87,5	90,0	90,0	145,0	155,0	162,5	162,5	400,0		3	67,95	Q	
Master 1																						
	Sandhya Carragher	F-M1-U	51,00	52	85,0	90,0	95,0	95,0	45,0	50,0	52,5	52,5	100,0	115,0	125,0	125,0	272,5		1	69,98	Q	
	Amanda Kobus	F-M1-U	65,40	69	90,0	100,0	110,0	110,0	55,0	60,0	<del>65,0</del>	60,0	130,0	142,5	150,0	150,0	320,0		1	68,39	Q	
	Daleen Thomson	F-M1-U	75,10	76	55,0	60,0	65,0	65,0	37,5	42,5	45,0	45,0	75,0	82,5	90,0	90,0	200,0		1	39,66		
	<b>Zanele Ngwenya</b>	F-M1-U	82,25	84	110,0	125,0	135,0	135,0	65,0	70,0	75,0	75,0	135,0	155,0	162,5	162,5	372,5	<b>Best Master 1</b>	1	<b>70,94</b>	Q	
	PK Moloele	F-M1-U	83,25	84	120,0	127,5	132,5	132,5	65,0	70,0	75,0	75,0	130,0	150,0	165,0	165,0	372,5		2	70,60	Q	



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Subjunior																						
	Gabriel Chiremba	M-SJ-U	52,80	53	80,0	100,0	110,0	110,0	60,0	72,5	0,0	72,5	120,0	142,5	155,0	155,0	337,5		1	59,28	Q	
	Ari Kantor	M-SJ-U	51,80	53	75,0	87,5	102,5	102,5	60,0	65,0	72,5	72,5	100,0	122,5	130,0	130,0	305,0		2	54,13	Q	
	Yehuda Krawchuk	M-SJ-U	42,45	53	60,0	67,5	0,0	67,5	30,0	37,5	<del>-40,0</del>	37,5	80,0	90,0	<del>-400,0</del>	90,0	195,0		3	38,52	Q	
	Jayden Samson	M-SJ-U	53,50	59	70,0	75,0	85,0	85,0	45,0	50,0	55,0	55,0	95,0	102,5	110,0	110,0	250,0		1	43,60	Q	
	Mark Forget	M-SJ-U	65,95	66	125,0	135,0	140,0	140,0	<del>-62,5</del>	70,0	<del>-80,0</del>	70,0	150,0	170,0	180,0	180,0	390,0		1	60,82	Q	
	Charlton Chung	M-SJ-U	62,45	66	122,5	130,0	135,0	135,0	75,0	80,0	82,5	82,5	140,0	155,0	162,5	162,5	380,0		2	61,00	Q	
	Wihan van Eeden	M-SJ-U	72,40	74	175,0	<del>-187,5</del>	187,5	187,5	105,0	<del>-115,0</del>	<del>-115,0</del>	105,0	175,0	190,0	200,0	200,0	492,5		1	73,13	Q	
	Alrich Becker	M-SJ-U	72,90	74	140,0	150,0	160,0	160,0	105,0	115,0	<del>-125,0</del>	115,0	160,0	185,0	<del>-220,0</del>	185,0	460,0		2	68,06	Q	
	Alex Collocott	M-SJ-U	71,90	74	100,0	140,0	<del>-160,0</del>	140,0	90,0	105,0	<del>-110,0</del>	105,0	160,0	175,0	185,0	185,0	430,0		3	64,08	Q	
	Moshe Sosnovik	M-SJ-U	71,15	74	120,0	135,0	<del>-150,0</del>	135,0	65,0	72,5	80,0	80,0	160,0	180,0	205,0	205,0	420,0		4	62,93	Q	
	Hengrui Zhang	M-SJ-U	69,80	74	100,0	110,0	120,0	120,0	95,0	100,0	105,0	105,0	140,0	160,0	175,0	175,0	400,0		5	60,54	Q	
	Jonathan Ridgard	M-SJ-U	71,80	74	100,0	110,0	120,0	120,0	60,0	65,0	70,0	70,0	140,0	150,0	160,0	160,0	350,0		6	52,20	Q	
	Satvik Nrusimhadevara	M-SJ-U	73,55	74	90,0	100,0	110,0	110,0	60,0	65,0	70,0	70,0	130,0	145,0	155,0	155,0	335,0		7	49,34	Q	
	William Hewlett	M-SJ-U	82,30	83	180,0	195,0	<del>-205,0</del>	195,0	110,0	120,0	<del>-130,0</del>	120,0	210,0	230,0	<del>-250,0</del>	230,0	545,0		1	75,77	Q	
	Azi Shevel	M-SJ-U	82,95	83	<del>-170,0</del>	170,0	185,0	185,0	100,0	107,5	<del>-112,5</del>	107,5	185,0	200,0	0,0	200,0	492,5		2	68,20	Q	
	Dominic vd Westhuizen	M-SJ-U	80,45	83	140,0	160,0	170,0	170,0	115,0	125,0	<del>-132,5</del>	125,0	160,0	185,0	195,0	195,0	490,0		3	68,91	Q	
	Damian Jansen	M-SJ-U	81,70	83	120,0	150,0	0,0	150,0	80,0	100,0	<del>-110,0</del>	100,0	180,0	215,0	240,0	240,0	490,0		4	68,37	Q	
	Zach Scullard	M-SJ-U	80,20	83	150,0	162,5	167,5	167,5	100,0	110,0	115,0	115,0	150,0	165,0	180,0	180,0	462,5		5	65,15	Q	
	<b>Ryan Sutton</b>	M-SJ-U	90,15	93	200,0	215,0	220,0	220,0	115,0	125,0	135,0	135,0	205,0	220,0	230,0	230,0	585,0	<b>Best Subjunior</b>	1	<b>77,71</b>	Q	
	Szethyn Fulop	M-SJ-U	90,60	93	190,0	200,0	210,0	210,0	120,0	130,0	135,0	135,0	200,0	220,0	230,0	230,0	575,0		2	76,19	Q	
	Gunther Erlank	M-SJ-U	91,30	93	190,0	<del>-205,0</del>	205,0	205,0	95,0	102,5	107,5	107,5	180,0	200,0	215,0	215,0	527,5		3	69,63	Q	
	Jake Finch	M-SJ-U	90,70	93	175,0	185,0	190,0	190,0	102,5	<del>-107,5</del>	<del>-107,5</del>	102,5	210,0	<del>-227,5</del>	232,5	232,5	525,0		4	69,53	Q	
	Marius Mostert	M-SJ-U	90,90	93	150,0	160,0	<del>-165,0</del>	160,0	100,0	110,0	0,0	110,0	180,0	190,0	0,0	190,0	460,0		5	60,85	Q	
	Conrad Nicolay	M-SJ-U	99,75	105	200,0	205,0	210,0	210,0	110,0	120,0	0,0	120,0	230,0	240,0	0,0	240,0	570,0		1	72,09	Q	
	Luca Meyer	M-SJ-U	100,40	105	130,0	155,0	<del>-170,0</del>	155,0	115,0	122,5	<del>-130,0</del>	122,5	150,0	170,0	190,0	190,0	467,5		2	58,95	Q	
	Kailen Gerasimo	M-SJ-U	104,50	105	150,0	160,0	170,0	170,0	75,0	<del>-80,0</del>	<del>-80,0</del>	75,0	175,0	180,0	190,0	190,0	435,0		3	53,83	Q	
	Ernst Moller Britz	M-SJ-U	103,50	105	135,0	<del>-142,5</del>	<del>-150,0</del>	135,0	100,0	<del>-107,5</del>	<del>-110,0</del>	100,0	120,0	130,0	135,0	135,0	370,0		4	45,99	Q	
	Aiden Beeston-Davies	M-SJ-U	108,80	120	115,0	122,5	<del>-130,0</del>	122,5	70,0	77,5	<del>-80,0</del>	77,5	130,0	140,0	145,0	145,0	345,0		1	41,90	Q	
Junior																						
	Tankiso Mayaba	M-J-U	57,65	59	115,0	130,0	0,0	130,0	60,0	75,0	80,0	80,0	135,0	155,0	162,5	162,5	372,5		1	62,41	Q	
	Jason Mackrill	M-J-U	63,80	66	110,0	130,0	140,0	140,0	87,5	92,5	97,5	97,5	130,0	150,0	185,0	185,0	422,5		1	67,06	Q	
	Nardus Snyman	M-J-U	69,65	74	155,0	165,0	175,0	175,0	95,0	100,0	<del>-105,0</del>	100,0	180,0	195,0	210,0	210,0	485,0		1	73,49	Q	
	<b>Avishai Eilim</b>	M-J-U	83,00	83	200,0	215,0	225,0	225,0	150,0	162,5	<del>-170,0</del>	162,5	200,0	220,0	235,0	235,0	622,5	<b>Best Junior</b>	1	<b>86,17</b>	Q	
	Themban Ndlovu	M-J-U	79,65	83	170,0	<del>-190,0</del>	190,0	190,0	<del>-120,0</del>	120,0	130,0	130,0	220,0	230,0	245,0	245,0	565,0		2	79,86	Q	
	Taai Moodley	M-J-U	81,25	83	175,0	185,0	0,0	185,0	100,0	110,0	<del>-120,0</del>	110,0	180,0	192,5	200,0	200,0	495,0		3	69,26	Q	
	Kamohelo Mopeli	M-J-U	81,90	83	150,0	160,0	165,0	165,0	100,0	110,0	117,5	117,5	170,0	185,0	195,0	195,0	477,5		4	66,55	Q	
	Reece Livingston	M-J-U	79,15	83	135,0	150,0	160,0	160,0	115,0	120,0	122,5	122,5	150,0	170,0	185,0	185,0	467,5		5	66,30	Q	



	Braiden Krause	M-O-U	107,65	120	-170,0	180,0	200,0	200,0	117,5	130,0	-140,0	130,0	200,0	220,0	235,0	235,0	565,0		4	68,96	Q
	Yusri Ally	M-O-U	112,90	120	195,0	202,5	210,0	210,0	110,0	117,5	122,5	122,5	200,0	212,5	222,5	222,5	555,0		5	66,28	Q
	Adam Stein	M-O-U	135,95	120+	180,0	200,0	210,0	210,0	140,0	150,0	155,0	155,0	210,0	225,0	237,5	237,5	602,5		1	66,46	Q
Master 1																					
	Frank van Greunen	M-M1-U	65,00	66	75,0	80,0	85,0	85,0	55,0	60,0	62,5	62,5	140,0	145,0	-150,0	145,0	292,5		1	45,97	
	Chad Govington	M-M1-U	82,40	83	200,0	215,0	225,0	225,0	142,5	152,5	162,5	162,5	220,0	240,0	255,0	255,0	642,5	Best Master 1	1	89,27	Q
	Chad Liam Polley-Green	M-M1-U	87,50	93	170,0	180,0	185,0	185,0	102,5	110,0	112,5	112,5	200,0	210,0	-215,0	210,0	507,5		1	68,42	Q
	Daniel Janks	M-M1-U	104,35	105	135,0	137,5	142,5	142,5	95,0	102,5	107,5	107,5	140,0	150,0	160,0	160,0	410,0		1	50,77	
	Edlyn Serge	M-M1-U	110,25	120	180,0	190,0	200,0	200,0	135,0	145,0	155,0	155,0	230,0	245,0	255,0	255,0	610,0		1	73,64	Q
	Shaeel Singh	M-M1-U	126,65	120+	200,0	220,0	240,0	240,0	130,0	140,0	150,0	150,0	240,0	260,0	-280,0	260,0	650,0		1	73,83	Q
Master 2																					
	Glen van der Linde	M-M2-U	72,95	74	130,0	140,0	150,0	150,0	102,5	110,0	-117,5	110,0	140,0	150,0	-160,0	150,0	410,0		1	60,64	Q
	Nils Tania	M-M2-U	76,00	83	150,0	160,0	-165,0	160,0	80,0	85,0	-87,5	85,0	150,0	160,0	-170,0	160,0	405,0		1	58,64	Q
	Richard Boys	M-M2-U	80,60	83	85,0	-95,0	100,0	100,0	82,5	87,5	-92,5	87,5	135,0	150,0	160,0	160,0	347,5		2	48,82	
	Marlon Daniels	M-M2-U	85,20	93	220,0	230,0	240,0	240,0	140,0	145,0	150,0	150,0	180,0	200,0	0,0	200,0	590,0	Best Master 2	1	80,60	Q
	Alan Ridgard	M-M2-U	91,70	93	150,0	160,0	170,0	170,0	90,0	100,0	105,0	105,0	180,0	190,0	200,0	200,0	475,0		2	62,57	Q
	Jonathan Samson	M-M2-U	84,00	93	80,0	90,0	100,0	100,0	60,0	70,0	-80,0	70,0	115,0	125,0	130,0	130,0	300,0		3	41,28	
	Hermanus de Beer	M-M2-U	115,60	120	175,0	190,0	205,0	205,0	130,0	140,0	152,5	152,5	240,0	260,0	280,0	280,0	637,5		1	75,34	Q
Master 3																					
	Andrew Dunn	M-M3-U	73,05	74	90,0	-100,0	100,0	100,0	55,0	60,0	62,5	62,5	120,0	-130,0	130,0	130,0	292,5		1	43,23	Q
	Patrick Mundell	M-M3-U	99,15	105	75,0	-82,5	82,5	82,5	82,5	87,5	90,0	90,0	90,0	100,0	110,0	110,0	282,5		1	35,83	Q
	Denis Bensch	M-M3-U	121,15	120+	160,0	180,0	-200,0	180,0	120,0	130,0	137,5	137,5	170,0	190,0	210,0	210,0	527,5	Best Master 3	1	61,07	Q
Master 4																					
	Greg Flugel	M-M4-U	81,15	83	115,0	125,0	-130,0	125,0	65,0	70,0	-75,0	70,0	135,0	150,0	155,0	155,0	350,0	Best Master 4	1	49,01	Q